

# Relax...It's Just Hypnosis!



- Do you have unproductive habits you'd like to eliminate from your life?
- Do you have great ideas but find that your fears or lack of motivation hold you back?
- Would you like to be able to relax easily and enjoy more restful sleep?
- Or perhaps you'd just like to be more in the flow of life, feeling aligned and "on track"?



*Maybe you've already considered hypnosis as a possible solution, but dismissed it as "weird", "scary" or just too "out there".*

## Curious?

*Then join Certified Ericksonian Master Hypnotherapists **Kate Trafford** and **Tiffany Kay** for an enjoyable evening where you can learn to:*

## RELAX...It's Just Hypnosis!

Come along for an informative introduction to hypnosis, and find out how you can tap into your unconscious, the wisest part of you that knows everything you need for total success, fulfillment and happiness.

**Dates? 23rd March 2010, 21st September 2010**

**When? 6.30pm - 9.30pm** (coffee served from 6.00pm)

**Where? Room 4, Legh Street, Golbourne, Warrington, WA3 3PA**

**Price? £17.01 + £2.99 VAT = £20**

***Special Offer: Book a week in advance and bring a friend for FREE!***

*For more information and to reserve your place(s)*

call **0845 833 8831**, email [info@go-beyond-nlp.co.uk](mailto:info@go-beyond-nlp.co.uk) or visit [www.go-beyond-nlp.co.uk](http://www.go-beyond-nlp.co.uk)

## Are you ready to trance-form? NOW!

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